

TIDES



CONTINENTAL BREAKFAST

Please help yourself from our buffet

Breads and Pastries

Muffins, croissants,
pastries, scones
and breads.

Fresh Fruit, Cereals and Juices

Variety of seasonal, fresh, sliced fruit,
individual yoghurts, assorted cereals,
homemade muesli and fruit juices. Freshly
squeezed orange juice on request.

Charcuterie and Cheese

Variety of cold meats and
selection of cheeses.

À LA CARTE MENU

Full English Breakfast

with your choice of 2 eggs, fried or scrambled, crispy bacon, beef or pork sausage, mushrooms and tomato.

French Toast

served with crispy bacon, pan-fried banana and crème fraîche.

Three Egg Omelette

with a choice of 3 fillings including feta, ham, cheese, tomato, onion, sweet peppers, mushrooms,
bacon and smoked salmon trout.

Eggs Benedict

English muffin, 2 poached eggs, with your choice of bacon or spinach and hollandaise sauce.

Tides Eggs Benedict

English muffin, 2 poached eggs, with smoked salmon trout and hollandaise sauce.

HOT BEVERAGES

Filter Coffee
Café Latte

Espresso single
Espresso double

Flat White
Cappuccino

Americano
Macchiato

Hot chocolate
Selection of teas