



THE WATERS OF ROYAL MALEWANE BUSH SPA
SPA MENU

Royal Malewane is home to one of the most exclusive spas on the continent, providing world-class treatments. Completely surrounded by the untamed African bush, The Waters of Royal Malewane Bush Spa is a veritable oasis of calm. With internationally qualified therapists on hand to provide therapeutic massage, luxurious body treatments and hydrotherapy, this is the ultimate refuge for those seeking to refresh and restore the mind, body and spirit in harmony with nature.



MASSAGE RITUALS		
AROMATHERAPY	min	zar
A full body lymphatic massage using selected essential oils, according to the effect you would like to achieve on the body, mind and soul. Choice of relaxing, uplifting or detoxifying.	60 90	1,100 1,500
SWEDISH MASSAGE	60 90	1,100 1,500
A relaxing, light to medium pressure, full body massage to aid relaxation, stimulate circulation, loosen tight muscles and assist in detoxifying the body. This treatment alleviates aches and pains in addition to keeping muscles supple.		
DEEP TISSUE MASSAGE	60 90	1,250 1,700
A full body massage treatment specifically targeted at deeper lying muscle groups to release muscle tension and increase joint flexibility. This treatment stimulates circulation, assists lymphatic drainage and oxygenates stagnant tissues by using deep compression and stroke movements.		
BELLABACI MASSAGE	70 90	1,400 1,800
A modern, healing, deep tissue massage based on ancient cupping therapy. This massage incorporates the use of silicone bellabaci cups, which create a vacuum of up to 4 inches into the tissue, causing it to release toxins and inflammation, improve blood circulation, and reduce cellulite by activating the lymphatic system.		
HOT STONE MASSAGE	70 90	1,400 1,800
A relaxing full body massage incorporating the use of heated Basalt stones that are placed onto the energy zones of the body and used to gently massage stressed muscles. This massage is detoxing and relaxing as the heat helps to treat the tense muscles.		
DETOX JET-LAG TREATMENT	45	1,150
This treatment helps relieve swollen legs and feet due to travelling. The circulation is stimulated after the leg scrub and then followed by a draining massage to help the release of toxins.. Finished with moisturizers and cooling foot gel.		
FACE AND SCALP MASSAGE	30	700
A massage performed on the pressure points of the upper part of the shoulders, neck, scalp and face.		

MASSAGE RITUALS		
THERAPEUTIC HAND AND FOOT MASSAGE	min	zar
A relaxing massage that includes your arms and lower legs.	30 45	700 950
AFRICAN BALANCING MASSAGE	30	700
This massage focuses on the upper back, the neck, shoulders, arms, scalp, chest and face.		
REFLEXOLOGY	30 45	700 950
Reflexology is a holistic treatment that works on the principle that nerve endings in the feet correspond to all organs, glands and parts of the body. By using slight pressure and specific massage techniques, energy zones and reflex areas are stimulated throughout the body.		
DE-STRESS BACK, NECK AND SHOULDER MASSAGE	30 45 60	700 950 1,250
This massage will soothe away tensions in your upper body, break down stress and knots, and improve flexibility, leaving you relaxed and re-energized. Using a relaxing marula and neroli healing earth balm.		
ADD ON TREATMENTS:		
Bellabaci cups (on an area of your choice)		100
The use of these silicone cups can be used on either the back for muscular pain or on problem areas such as stomach, thighs and buttocks to help drain toxins.		
Hot stones (on an area of your choice)		100
Hot stones can be used on a specific area to heat the muscles and reduce muscle pain and inflammation.		
Back Scrub and Detox Wrap		400
A detox scrub and wrap is applied to your back before you start your massage. This helps loosen stressed muscles and improves the benefits of your massage.		
Rungu “knobkierrie” (on an area of your choice)		100
An invigorating deep tissue massage incorporating the African “Knopkierrie” stick to loosen stressed muscles and tension.		



ROYAL MALEWANE SPA BODY RITUALS

EXFOLIATING BODY SCRUB TREATMENT	min 40	zar 660
A body scrub of your choice will smooth the skin, relax the muscles and soothe the senses, while restoring vital nutrients to the skin and preparing your skin for further indulgence. A selected body moisturiser is applied to the body to complete the experience.		
BODY WRAPS	40	660
Hydrating - Detoxifying - Slimming draining		
<i>Kalahari Melon body wrap will hydrate and refresh the skin and body. Mongongo Nut body wrap will help eliminate toxins in the body and treat muscular pain. Coffee and cinnamon body wrap will reduce water retention, eliminate toxins and increase the blood circulation.</i>		
BODY SCRUB AND WRAP	60	1,200
A body scrub and body wrap is chosen to meet your body’s needs.		
PURIFYING BACK TREATMENT	60	1,500
A super-smoothing treatment designed to rid skin of impurities and rid muscles of stress. A deep-cleansing scrub helps cleanse the pores and a customised masque is applied before ending off with a relaxing massage.		

QMS FACIALS

DEEP CLEANSING INTENSE/DEEP PORE CLEANSE TREATMENT	min 60	zar 1,400
Skin refining alpha hydroxy acids combined with deep penetrating hydrating ingredients such as collagen and hyaluronic acid, reduces excess oiliness, refines rough skin texture and at the same time smooths fine lines caused by dehydration. This is the perfect treatment for combination skin (oily & dry) showing the first signs of skin aging.		
SENSITIVE SKIN REBALANCE TREATMENT	60	1,400
A specially designed treatment for clients with sensitive irritated or inflamed acne skin. The highly concentrated ingredient complexes specifically calms sensitivity and redness, repairs the skin’s own protective functions while it intensive hydrates and smooths the skin. Impurities are cleared and further scarring and damages prevented. The skin is left calm and comfortable.		
ACTIVATOR TREATMENT	70	1,600
Super protective marine collagen and deep penetrating hyaluronic acid provides revitalisation and smoothing to dull and lifeless skin. This is perfect treatment option for brides and other special occasions. Also a perfect treatment for tired skin after long flights		
COLLAGEN REJUVENATION TREATMENT	75	1,700
Specialised alpha hydroxy peeling system combined with the unique pioneering collagen serums immediately gives super hydration for dry skins that lasts for weeks. QMS collagen serums have the best moisture retaining capacity. Scientifically advanced delivery techniques used in this facial treatment leads to improved wrinkles and sagging by targeting the underlying cause of aging – loss of collagen.		
NEO-TISSUEDERMIE TREATMENT	75	1,800
After the age of 35 the skin loses collagen III and combined with UV damage from the sun, aging is accelerated. Criss-cross wrinkles and sagging appears, especially after menopause. This innovative treatment is a firming, lifting and toning treatment that stimulates the production of collagen III to reverse deep wrinkles and tightens loose facial skin. Lifting, contouring massage followed by hydrating foam massage will leave the skin visibly tight, smooth and moisturised		
ENHANCE YOUR QMS FACIAL	15	450
Collagen eye lift treatment		

DERMALOGICA FACIALS

PRO 30 FACIAL

This express 30-minute treatment features our highly-active Pro Power Peel, tailored to your skin’s needs. This powerful peel smoothes skin while trageting signs of acne, hyperpigmentation and premature ageing for a completely customised experience. Ideal for those who want to treat a single skin concern.

PRO 60 FACIAL

The ultimate treatment, different every time. Customised with advanced products, techniques and technology in a soothing environment made for relaxation. The ideal choice for those who want a comprehensive experience to address all their skin concerns and achieve healthy glowing skin.

ENHANCE YOUR DERMALOGICA FACIAL

Anti-aging Eye Rescue

min	zar
30	950

60	1,500
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15	400
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SPA SIGNATURE TREATMENTS

	min	zar
ROYAL FACE AND BODY	180	3,700 7,350
The ultimate African head to toe rejuvenation. This treatment includes a full body scrub in our African baths followed by a body wrap. The hour long full body massage will ease the tensions of the day. Your treatment will end of with our African Essential Facial		single couple
AFRICAN FUSION MASSAGE	70 90	1,400 1,800
A tailor made massage, according to your specific needs, using a combination of swedish massage, aromatherapy, deep tissue, reflexology, hot stone and bellabaci Massage.		
THE ROYAL THABA MASSAGE	70 90	1,400 1,800
An invigorating deep tissue massage incorporating the African “Knobkierrie” stick to revive stressed muscles and relieve tension.		
AFRICAN HARMONY	60	2,650
A relaxing synchronised 4-hand massage performed by two therapists. This is a medium pressure massage.		
AFRICAN ROMANCE	60 90	2,650 3,700
This massage is ideal for couples celebrating special occasions.		
AFRICAN JOURNEY	120	2,500
Choose any combination of selected treatments to create a personalised tailor made experience to suit your needs.		

30 MINUTE TREATMENTS

- Back Massage
- Hand & Foot Massage
- Face & Scalp
- Body Wrap
- Express Facial
- Body Exfoliation
- African Balancing Massage

60 MINUTE TREATMENTS

- Swedish Massage
- Deep Tissue Massage
- Aromatherapy Massage
- Deep Cleanse Facial
- Hydratig Facial
- Malewane Pedicure
- Royal Manicure

ADD ON TREATMENTS

Healing earth balm zar 150
A balm will be chosen to best suit your needs for maximum results for your skin.

HAND AND FEET CEREMONIES

ROYAL MANICURE

A luxury manicure consisting of a hand exfoliation, nail and cuticle grooming, massage and nail painting
Excluding paint

min
60
45
zar
500
470

MALEWANE PEDICURE

A luxury pedicure consisting of a foot exfoliation, nail and cuticle grooming, massage and nail painting
Excluding paint

60
45
550
500

GELISH MANICURE

A luxury manicure consisting of nail and cuticle grooming, gelish application, ending off with a hand exfoliation and massage.

75
660

GELISH PEDICURE

A luxury pedicure consisting of nail and cuticle grooming, gelish application, ending off with a foot exfoliation and massage.

75
690

MEDI-HEEL PEDICURE

Pedicure using Medi-Heel’s signature Chemical Peel, AHA exfoliation, as well as nail and cuticle care. This is the ideal treatment for dry skin and cracked heels. Nails are painted for a perfect finish.

60
690

MINI MANICURE

An express treatment that incorporates nail and cuticle grooming as well as nail painting.

30
370

PETITE PEDICURE

An express treatment that incorporates nail and cuticle grooming as well as nail painting.

30
370

OPI INFINITE SHINE MANICURE

60
550

OPI INFINITE SHINE PEDICURE

60
600

ADD ON TREATMENTS:

French polish
Medi-Heel
Soak-off
Re-varnish (no cuticle work)

10
30
20
15
40
400
150
200

GROOMING

HAIR REMOVAL

Full leg wax
¾ leg wax
½ leg wax
½ arm wax
Back wax
Chest wax
Underarm wax
Bikini wax
Brazilian wax
Hollywood wax
Eyebrow wax
Lip/chin wax
Lip + chin + brow wax

min
60
40
30
30
30
15
30
45
45
15
15
30
zar
600
500
400
200
400
200
250
390
420
160
250
350

TINTING

Eyelash tint
Eyebrow tint
Lash and brow tint
Eyebrow shape

30
15
30
15
180
130
270
160





THE ROYAL PORTFOLIO

ROYAL MALEWANE

Greater Kruger National Park

