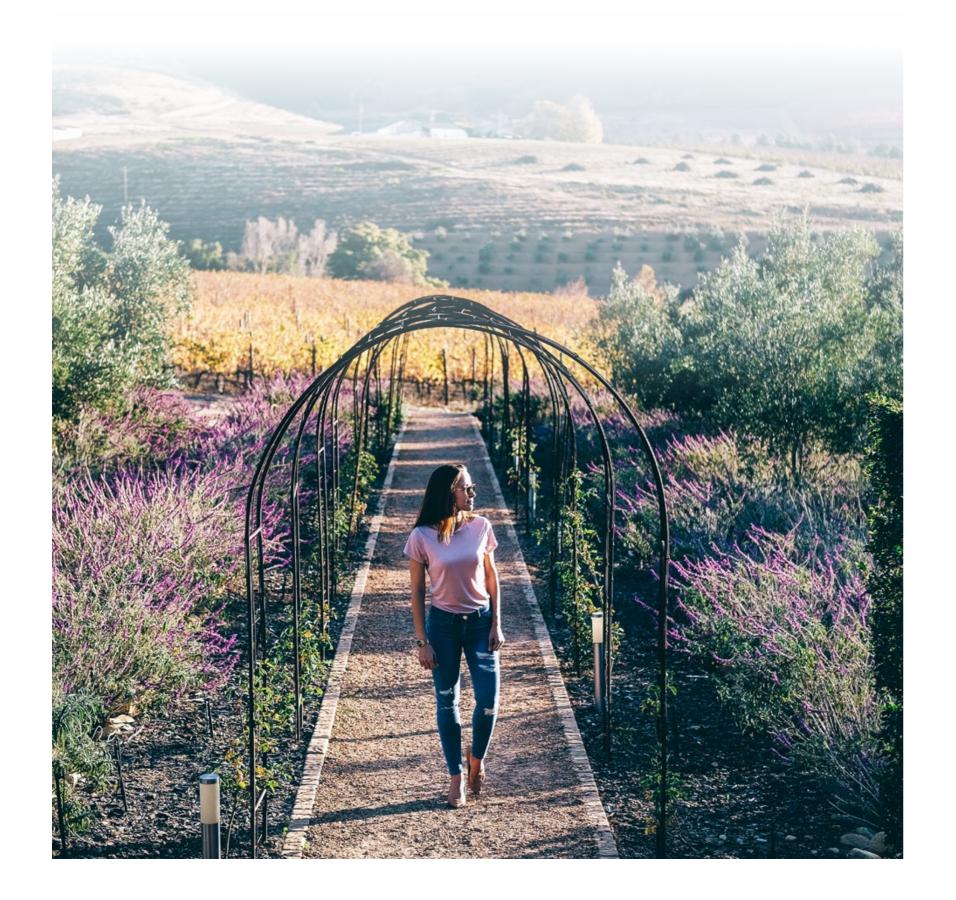




Franschhoek



ACTIVITIES AT LA RESIDENCE



ESTATE TOUR

(Vineyards. Herb Garden & Orchards)

La Residence is set on a 30-acre estate in the heart of the Franschhoek Valley among orchards and vineyards and against a backdrop of magnificent mountains.

Tango and Twist, the miniature horses, are just two of the characters that you might bump into at La Residence. Keep an eye out too for the springboks, guinea fowl and strutting peacocks.

La Residence is set among Cabernet Sauvignon and Shiraz vineyards from which we produce our own wines - the two single varietals and a refreshing rose.

One of our chefs will gladly show you around our herb garden and the plum orchards where many of our daily ingredients are grown



CYCLING

Another way to explore La Residence and the Franschhoek surrounds is by bicycle. Take a leisurely ride around the estate and out into the Franschhoek village. Whether you want to go sight seeing, shopping or wine tasting, it is a lovely way to experience your surrounds while enjoying the outdoors and getting some exercise in. There are some beautiful scenic routes that we can suggest, longer or shorter depending on your preference, which all offer magnificent views of the Franschhoek valley.

You can conveniently leave your bike securely in Franschhoek whilst discovering the area on foot and La Residence will gladly collect any guests after a day of wine tasting or shopping.

Biking is a wonderful way to work up an appetite for the exceptional local gastronomy.



DINING



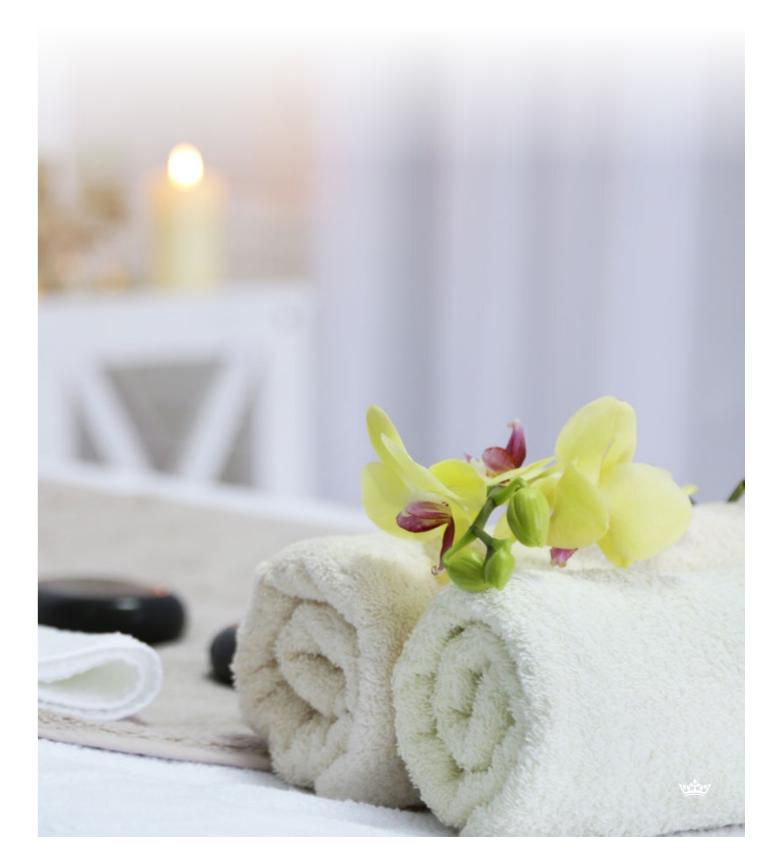
Executive Chef Lennard Marais oversees the dining experience at La Residence. His cuisine emphasises fresh, local ingredients, many of which are grown on the estate. Because the cuisine is such an integral part of the experience at La Residence, our guests will often sit down with the chefs to discuss their preferences and dietary requirements with menus being tailored accordingly. The chefs at La Residence are of the highest calibre, dedicated to ensuring that every meal is unforgettable.

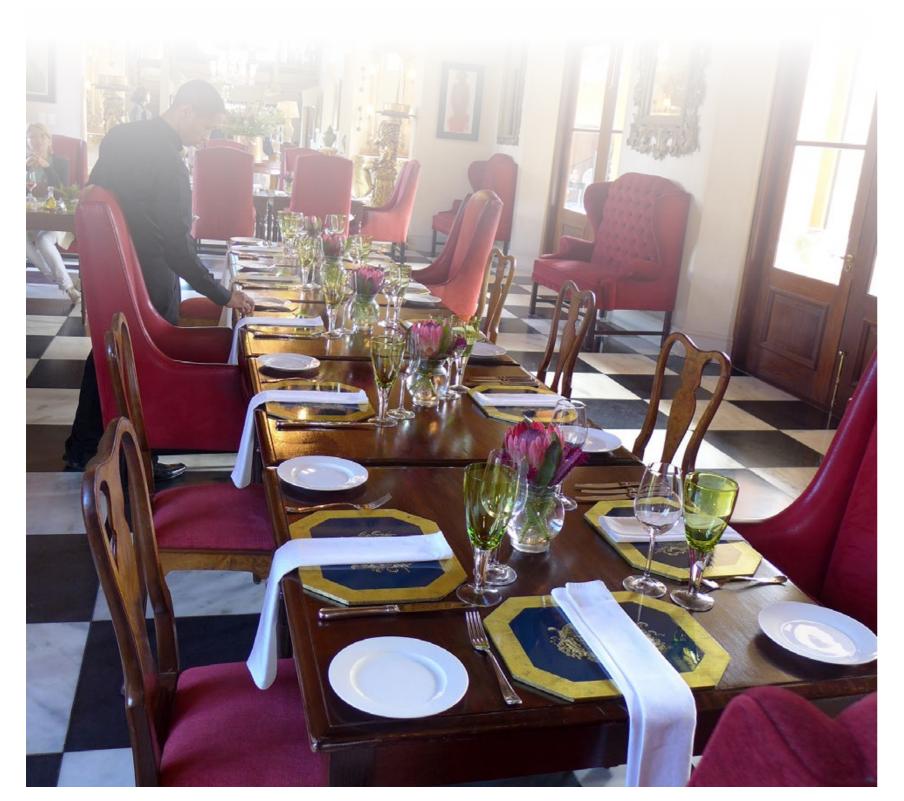


SPA

La Residence has two in-house spa therapists. Signature treatments include the Swedish Massage to relax muscles and stimulate circulation, the tension releasing Deep Tissue Massage to ease stiffness, and the Pinotage Body Polish – a treatment inspired by the natural benefits of the uniquely South African Pinotage grape.

When the weather is good, massages and other spa treatments can also be enjoyed outside in the Tea House overlooking the dam. For those keen to keep in shape while on holiday, there is a fully-equipped gym at the hotel. And for those requiring a healthy meal plan, our team of award winning chefs will gladly oblige with a special healthy meal plan designed around your dietary requirements.





IN HOUSE WINE TASTING

Not only do we produce our wines from the La Residence Estate, but we have an extensive wine list showcasing South Africa's most distinguished wines.

Taste the iconic wines of the Cape in the comfort of La Residence. Either be guided by our suggestions or compile your own tasting 'menu' from our comprehensive wine list.

And what better way to conclude a tasting than with a stroll through our own vineyards where we grow Cabernet Sauvignon and Shiraz grapes on our 30-acre farm. On 2 January 2011 our maiden 2010 vintage was bottled. At present we have bottled three of our own wines named after members of the Biden family, the Nicole Charlotte Cabernet Sauvignon, the Alexandra Frances Shiraz and the Rosemary Jane Rosé.





SWIMMING

On a hot summer's day, enjoy a cooling dip in the magnificent infinity pool or recline on a comfortable sun-lounger between the palm trees, under a shady umbrella.





WE HOPE TO SEE YOU SOON

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