



Cape Town

ACTIVITIES
IN CAPE TOWN



ROBBEN ISLAND

Robben Island, easily seen from the rooftop of The Silo Hotel, is situated only 9kms offshore from Cape Town. The island was declared a World Heritage site in 1999 because of its historic political importance, having been the forced home of Nelson Mandela for 18 of the 27 years that he was a political prisoner of the apartheid regime. It is advisable to allow us to pre-book this very popular tour for you. Allow half a day for this tour.

MUSEUMS

There are several interesting museums in Cape Town including the District 6 Museum and the Jewish Museum. Please contact our concierge team for more details.

CINEMAS

There are two multi-screen cinema complexes in the V&A Waterfront. The Ster Kinekor complex shows popular blockbusters while the Cinema Nouveau shows more art house films. We can check the daily show times as well as the choices on offer for you.





THE AQUARIUM

This is situated near to The Silo Hotel and is great fun for the whole family.

THE BIG WHEEL

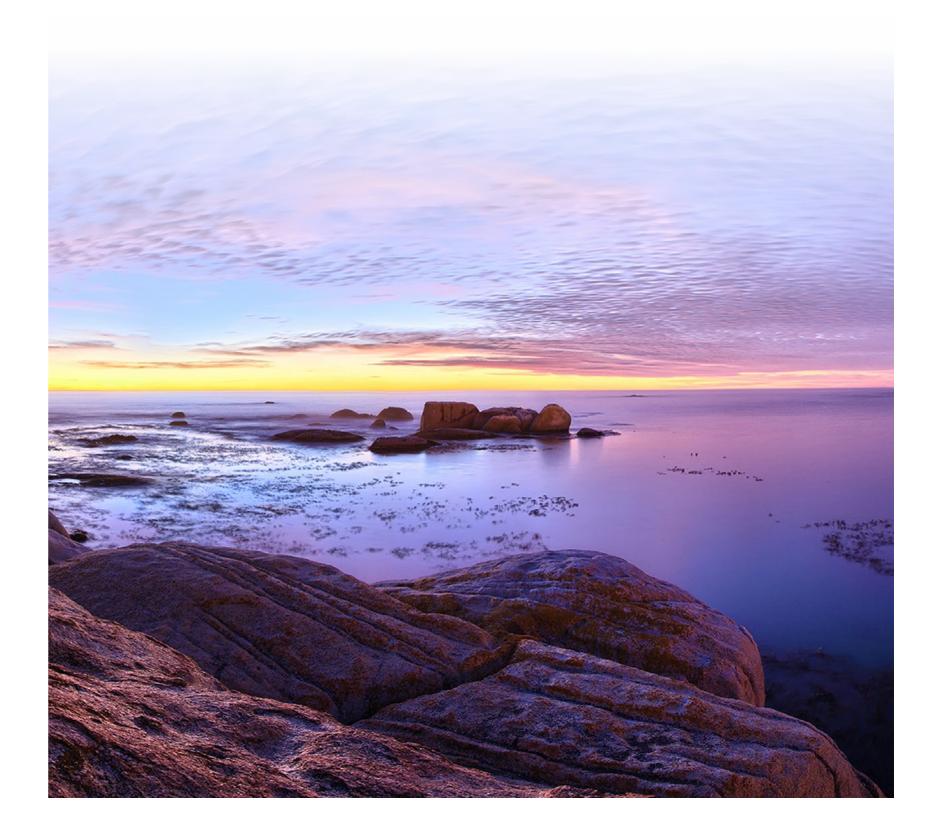
This is situated in the heart of the V&A Waterfront, offering a great ride with lovely views.

TOWNSHIP TOURS

These offer an insight into the lifestyle of the majority of the South African population where, despite their difficult circumstances and often poor living conditions, you will experience the vibrancy and spirit of the people of the township.

SUNSET CRUISES

Cape Town has one of the best locations to watch the sunset. Watch the majestic mountains turn to shades of orange and pink while the sun dips past the horizon into the Atlantic Ocean.





CYCLING

Road cycling and mountain biking are popular activities among locals due to the variety of routes and beautiful views. We can arrange bicycles to be delivered to the Hotel for your enjoyment. Kindly contact Reception for further information.

FISHING

The Cape has excellent fishing prospects. Please enquire for details.

TABLE MOUNTAIN CABLEWAY

Table Mountain is a great source of pride to all Capetonians. At 260 million years old it is older than the Andes, the Rockies, The Himalayas and the Alps, and was once under the sea. It was recently crowned as the seventh natural wonder of the world. A four minute cable car ride will take you to the 1067m "table top", with spectacular views on the way up.





BEACHES

Cape Town has some of the world's most beautiful beaches on offer. Camps Bay, Clifton and Llandudno Beaches are local favourites. Please ask a member of our team should you need directions or transport.

THEATRE

Cape Town has several great intimate theatres. The Artscape complex houses the 1,200 seat Opera House, home to seasons of the city's excellent opera and ballet companies.

The Baxter theatre complex in Rondebosch also has three theatres of different sizes hosting many different genres.

The Fugard is a smaller theatre located in the city and named after our most eminent and famous playwright, Athol Fugard.





ART GALLERY TOUR OF CAPE TOWN

The Cape is the oldest city in South Africa so is home to many interesting art galleries. The South African National Gallery, in the Company Gardens in the city centre, has some of the country's most valuable art with outstanding collections of African, British, French, Dutch and Flemish art from colonial to present times.

KIRSTENBOSCH BOTANICAL GARDENS

Situated at the food of the eastern slopes of Table Mountain, it was founded in 1913 to preserve the unique flora of South Africa and is considered a national treasure in that it only cultivates our indigenous plant species. The garden is perfect for hiking, walking and picnics. Golf carts are available to transport visitors around the gardens' hilly site.





HELICOPTER TOURS

There are few things as spectacular as an aerial view of Cape Town. Cape Town helicopter tours operate out of the V&A Waterfront and offer a variety of flights according to your interests.

HIKING

There are several hiking trails up and around the 221 square kilometres of Table Mountain National Park. Let us recommend a route for your fitness level. Guided hikes can be arranged.

HORSE RIDING

Cape Town is home to a large equestrian community. Many stables offer guided rides on a variety of different trails including beach, mountain, winelands or countryside.





SPORTING EVENTS

Our 2010 FIFA Soccer World Cup Stadium is easily seen from The Silo Hotel. It is often used for large concerts, soccer matches and conventions and now hosts the annual Rugby 7s tournament. In the suburb of Newlands, you will find the two homes of Cricket and Rugby in South Africa.

RUNNING

There are many routes in and around the Waterfront area. For the more difficult running trails on Table Mountain we recommend making use of a guide who is familiar with the area. Please contact our concierge team for more details.

ONE DAY SAFARI

If you do not have the opportunity to experience a safari during your stay in South Africa, there are a few one-day safari options. Please contact our concierge team for more details.





HERMANUS TOUR

A 90 minute drive along the scenic coastal route will take you to Hermanus and Walker Bay. Hermanus is regarded as the best land based whale watching destination in the world. Include a lunch at Birkenhead House and take a stroll along the 18km long Grotto Beach. Be sure to experience the "Hemel en Aarde Valley" which boasts South Africa's greatest Pinot Noir's and Chardonnay's. Drive back over ruggedly beautiful Sir Lowry's Pass. Allow a full day for this tour.

GOLF

There are a great number of courses available from municipal to championship level. The Metropolitan Golf Club, in the shadow of our World Cup Stadium is perfect for a quick nine holes due to its proximity to The Silo Hotel. Golf clubs and carts can be arranged in advance upon request.





FRANSCHHOEK TOUR

An easy 50-minute drive will take you to the beautiful town of Franschhoek, "the gourmet and wine capital of South Africa". Enjoy exploring the charming high street or visit La Residence and enjoy wines from our very own vineyards or the Franschhoek Valley. We suggest allowing a full day for this tour.

CAPE POINT TOUR

This is undoubtedly the most scenic drive in the Western Cape, either through the villages of False Bay or along Ou Kaapseweg. Some care is necessary when viewing the Baboons at Cape Point itself which is situated in the Cape of Good Hope Nature Reserve. Allow at least ¾ day for this trip.





SHARK CAGE DIVING

An early morning departure will take you to this sought after experience for the daring at heart which takes place close to Hermanus in the village of Gansbaai. A boat ride will also take you to Dyer Island, home to 60,000 seals which shelter on the rocky little island next to Shark Alley, home to prowling Great White Sharks

WINE TASTING

Wine tasting can be arranged. Be sure to visit our Restaurant and speak with our Sommelier on duty to arrange an experience for you to enjoy.





Cape Town

WE HOPE TO SEE YOU SOON

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